



Ti Area Adult Center,
INC.

All Visiting Seniors
WELCOME!

Contact Us

Phone: 518-585-6050

Email: tiseniors@hotmail.com

Ann Dolback, Activities Director

Who We Are

About Us

We are a group of seniors that have a variety of activities available. Our goal is to provide for all persons 55 years of age and older a spirit of fellowship, sociability and companionship with programs intended to but not limited to providing intellectual stimulation, recreational and educational services.

Senior Bus

Weekdays 7:30 AM – 3:30 PM

518-586-1307

The suggested donation of \$2.00 is always appreciated. Please note that the bus is NOT wheelchair accessible.

Nutrition Site

ACAP meals are available weekdays at the Armory basement. Lunches are available with 24-hour notice. Lunches are available at 12:00 noon. Night meals are the third Thursday of each month at 5:00 PM. A donation of \$3.50 is requested and \$6.00 for guests under the age of 60. For more information or to make a reservation contact the Nutrition Site at 518-585-7682.



**TI AREA ADULT CENTER,
INC.**

123 Champlain Avenue
Ticonderoga, NY 12883

Hours of Operation

Weekdays 9:30 AM – 3:00 PM

(except holiday, outings)

Library Table 9:30 AM – 3:00 PM

Second-hand paperback and hardcover books, also assorted pertinent information for seniors.

Monday: 10AM Range of Motion

3rd Monday of the month 2PM Bingo at ILH

Tuesday: 10AM Bingo 50/50 raffle

12:30-3:00PM Pinochle

Wednesday: 9:30 AM Range of Motion

2:00 PM Bunco at ILH

Thursday: 10AM Nickel Bingo

12:30-3:00PM Pinochle

Friday 10:00 AM ACAP Bingo

Activities

Assorted board games, puzzles, cards, dominoes, triominoes, scrabble, computers, TV, Wii, floor shuffleboard, checkers.

Trips and Outings

All organized bus trips are open to the public, (at least 18 years of age). Outings include day trips (car-pool) as well as a few overnight events each year. Come in and check out the bulletin board and pick up a proposed trip List in the Senior Center.

Meetings

Dates: last Wednesday of every month

From 1:00 PM – 2:00 PM.

Location: Senior Center at the Armory
(downstairs)

These monthly membership meetings are followed by an “open” meeting, at which all are welcome. Includes a guest speaker and refreshments.

For more information

CALL: 518-585-6050

Senior Supper Club

Dates: one evening per month at 5:00 PM.

For those interested, please join us. Call for date and location.

For more information CALL: **518-585-6050**

Additional Services and Points of Interest

Taxi Service

Adirondack Cab Co.....518-585-2222

Bus (Schroon Lake)

Adirondack Trailways.....1-800-858-8555

www.trailwaysny.com

Train (Ticonderoga)

Amtrak.....1-800-872-7245

www.amtrak.com

Town of Ticonderoga

Supervisors Office.....518-585-6265

Town Clerks Office.....518-585-6677

Black Watch Memorial Library.....518-585-7380

www.townofticonderoga.org

Fort Ticonderoga.....518-585-2821

www.fort-ticonderoga.org

Ticonderoga Area Chamber of
Commerce.....518-585-6619

www.ticonderogany.com

Emergency Phone Numbers

Ambulance.....911

Fire.....911

Police.....911

Hospital (Emergency).....518-585-2831

Pharmacies

Rite Aid.....518-585-6787

Walmart.....518-585-6486

**TI AREA ADULT
CENTER, INC.**

SENIORS ON THE GO!

